

COFFEE 5.5 (CUP) / 6 (MUG)

FLAT WHITE, LATTE, CAPPUCINO

MOCHA

PICCOLO, SHORT MACCHIATO

DOUBLE ESPRESSO, LONG BLACK, MAGIC, LONG MAC

ICED DRINKS

ICED COFFEE, ICED CHOCOLATE, ICED MOCHA (w Ice cream) 8

8ICED MATCHA 6.5 ADD STRAWBERRY OR RASPBERRY CHIA +1

ALT MILKS (OAT, SOY, ALMOND) 0.7

EXTRA SHOT 0.5

DECAF 0.5

SYRUPS

(HAZELNUT, VANILLA, CARAMEL) 0.5

TEA / NOT COFFEE 5.5 (CUP) / 6 (MUG)

HOT CHOCOLATE

SPICE CHAI LATTE

TURMERIC LATTE

MATCHA 5.5 / 6.5

TEA EARL GREY, ENGLISH BREAKFAST, GREEN TEA,

LEMONGRASS AND GINGER, PEPPERMINT, STICKY CHAI 5.5

SHAKES - Strawberry or choc

JUICES 10

GOLDEN HOUR - ORANGE, GINGER, COCONUT WATER

MEAN GREEN - CUCUMBER, APPLE, CELERY, LEMON

HOT SHOT - ORANGE, TURMERIC, LEMON, GINGER

SMOOTHIES 11 / ADD PROTEIN +2

MOCHA MAGIC

BANANAS, DATES, COCONUT MILK, ESPRESSO AND CACAO

+ADD HOUSEMADE ALMOND BUTTER +1

STRAWBERRY & CREAM

STRAWBERRY, BANANA, ALMOND MILK, COCONUT YOGHURT

PB&J

PEANUT BUTTER, BANANAS, DATES, ALMOND MILK

AND RASPBERRY CHIA JAM

TROPICAL

BANANAS, ACAI, PINEAPPLE, COCONUT WATER, DATES

AND MANGO PUREE



EATS MENU

CHIA CUP (GF) 9.5

MUFFIN 5.5

BANANA BREAD (GF) 7.5

HAM & CHEESE CROSSAINT 10

HAM/CHEESE/TOMATO FOCACCIA 14.5

EGG + BACON ROLL

TURKEY TOASTIE 15

TURKEY, SPINACH, SWISS CHEESE AND APPLE

DAILY SALADS

14
Add Protein + 3

FRESH HOUSEMADE FOCACCCIA

(Made to Order) 16

ASK STAFF FOR THE DAILY SELECTION

